

Curriculum Vitae – Ermanno Bellizzi, MD

PERSONAL INFORMATION

Name: Ermanno Bellizzi

Address (Residence and Current): Via Tuscolana, 664/A – 00181 Rome, Italy

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Email: ermannobellizzi27@gmail.com

Nationality: Italian

Date of Birth: November 9, 1993

PROFESSIONAL EXPERIENCE

Since November 2021 – Ongoing

Member of the Diabetic Foot Team at *University Hospital of Tor Vergata – Rome, Italy*

Since 2021, I have been an active member of the multidisciplinary Diabetic Foot Unit at the University Hospital of Tor Vergata. My role includes the clinical management of patients with complex diabetic foot conditions, with particular involvement in advanced wound care, debridement procedures, and the application of dermal substitutes. I am also engaged in the diagnosis and treatment of soft tissue infections and diabetic foot osteomyelitis, and contribute to therapeutic strategies aimed at limb salvage and surgical planning. My work extends to postoperative follow-up, offloading techniques, interdisciplinary clinical discussions, and the education of patients. In addition, I participate in both retrospective and prospective clinical research projects within the field.

Since November 2021- Ongoing

Resident in Endocrinology and Metabolic Diseases – University of Tor Vergata, Rome, Italy

Department of Medical Sciences, UOC Endocrinology and Metabolism

Clinical management of hospitalized patients with chronic complications of diabetes, including treatment of diabetic foot disease, and internal medicine-related conditions.

Since May 2025- Ongoing

YoSID (Società Italiana Diabetologia-Young) Regional Coordinator for the Lazio Region

From January 2025 to May 2025

Clinical training at the Endocrinology and Diabetology Unit, CTO A. Alesini Hospital, Rome – part

of the official residency network.

From October 2024 to January 2025

Clinical rotation at the Endocrinology and Diabetology Unit, Regina Apostolorum Hospital, Albano Laziale (Rome) – residency network.

From June 2024 to September 2024

Clinical rotation (extra-network) at the Endocrinology and Diabetology Unit, Bambino Gesù Pediatric Hospital, Rome.

February 2021 – July 2021

Recipient of Research Fellowship: “Evaluation of emerging complications in diabetes mellitus”
Unit of Diabetology, Department of Experimental Medicine, Policlinico Umberto I, Rome.

June 2020 – January 2021

General Practitioner – Emergency Primary Care Service (CA)
Local Health Authority of Crotone, Calabria – fixed-term assignment.

January 2020

Postgraduate internship – 3rd Surgical Clinic, Department of Surgical Sciences, Policlinico Umberto I, Sapienza University of Rome.

December 2019

Postgraduate internship – Cardiovascular Diseases Unit, Policlinico Umberto I, Sapienza University of Rome.

November 2019

Postgraduate internship – General Medicine Practice, Dr. Luigi Fiorentino, Rome.

March 2018 – September 2019

Thesis internship – Unit of Diabetology, Department of Experimental Medicine, Policlinico Umberto I, under supervision of Prof. Raffaella Buzzetti.

EDUCATION AND TRAINING

March 2020

Licensed to practice as a Medical Doctor – Italy

September 2019

Single-Cycle master’s degree in medicine and surgery, Sapienza University of Rome – Faculty of Medicine and Pharmacy. Final Grade: 110/110 cum laude

July 2012

High School Diploma – Liceo Scientifico “Filolao,” Crotone

AWARDS AND RECOGNITION

September 2024

Winner – SIMCRI Award (Italian Society of Regenerative and Multidisciplinary Surgery)

September 2022

Top 5 Abstract – 18th Scientific Meeting, Diabetic Foot Study Group (DFSG), Bratislava, Slovakia

PUBLICATIONS (selected)

1. Meloni M, Bellizzi E, Uccioli L, Giurato L, Ruotolo V, Salvi M, Bonanni FR, Andreadi A, Bellia A, Lauro D. Predictive factors of major amputation in patients with diabetic foot ulcers treated by peripheral blood mononuclear cells. *Acta Diabetol.* 2025 May 27. doi: 10.1007/s00592-025-02522-2. Epub ahead of print. PMID: 40423733.
2. Salvi M, Meloni M, Bonanni FR, Bellizzi E, Ruotolo V, Andreadi A, Bellia A, Lauro D. Impact of Heel Ulcers on Patients Admitted for Diabetic Foot Disease. *Int J Low Extrem Wounds.* 2025 Apr 28:15347346251337264. doi: 10.1177/15347346251337264. Epub ahead of print. PMID: 40289631.
3. Bonanni FR, Meloni M, Salvi M, Bellizzi E, Ruotolo V, Andreadi A, Bellia A, Lauro D. Characteristics and Outcomes of Patients Admitted for Diabetic Foot Attack. *Int J Low Extrem Wounds.* 2025 Mar 28:15347346251328724. doi: 10.1177/15347346251328724. Epub ahead of print. PMID: 40152199.
4. Meloni M, Bellizzi E, Andreadi A, Di Venanzio M, Mazzeo L, Giurato L, Bellia A, Uccioli L, Lauro D. Diabetic Foot Osteomyelitis in Patients with and without Peripheral Arterial Disease: Two Different Diseases? *Int J Low Extrem Wounds.* 2024 Jul 21:15347346241264383. doi: 10.1177/15347346241264383. Epub ahead of print. PMID: 39034155.
5. Bittante C, Cerasari V, Bellizzi E, Ahluwalia R, Di Venanzio M, Giurato L, Andreadi A, Bellia A, Uccioli L, Lauro D, Meloni M. Early Treatment of Acute Stage 0/1 Diabetic

- Charcot Foot Can Avoid Major Amputations at One Year. *J Clin Med*. 2024 Mar 13;13(6):1633. doi: 10.3390/jcm13061633. PMID: 38541859; PMCID: PMC10970903.
6. Meloni M, Andreadi A, Ruotolo V, Romano M, Bellizzi E, Giurato L, Bellia A, Uccioli L, Lauro D. Hospital Readmission in Patients With Diabetic Foot Ulcers: Prevalence, Causes, and Outcomes. *Int J Low Extrem Wounds*. 2023 Oct 17:15347346231207747. doi: 10.1177/15347346231207747. Epub ahead of print. PMID: 37849322.
 7. Meloni M, Giurato L, Andreadi A, Bellizzi E, Bellia A, Lauro D, Uccioli L. Peripheral Blood Mononuclear Cells: A New Frontier in the Management of Patients with Diabetes and No-Option Critical Limb Ischaemia. *J Clin Med*. 2023 Sep 22;12(19):6123. doi: 10.3390/jcm12196123. PMID: 37834766; PMCID: PMC10573900.
 8. Meloni M, Andreadi A, Bellizzi E, Giurato L, Ruotolo V, Romano M, Bellia A, Uccioli L, Lauro D. A multidisciplinary team reduces in-hospital clinical complications and mortality in patients with diabetic foot ulcers. *Diabetes Metab Res Rev*. 2023 Oct;39(7):e3690. doi: 10.1002/dmrr.3690. Epub 2023 Jul 9. PMID: 37422897.
 9. D'Onofrio L, Mignogna C, Carlone A, Bellizzi E, Di Guida M, Moretti C, Zampetti S, Leto G, Maddaloni E, Buzzetti R. Decrease of coronary heart disease risk with GLP1-receptor agonists or SGLT2 inhibitors therapy in patients with type 2 diabetes in primary cardiovascular prevention: A 24 months follow-up study. *Diabetes Res Clin Pract*. 2021 Mar;173:108681. doi: 10.1016/j.diabres.2021.108681. Epub 2021 Jan 28. PMID: 33516784.
 10. Diabetes treatment in the elderly: Objectives and risks. Maddaloni E, Bellizzi E, Buzzetti R. *L'Endocrinologo*. 2019.

PERSONAL SKILLS AND COMPETENCIES

Languages

- Italian – Native
- English – Excellent (Reading, Writing, Speaking)
- Spanish – Excellent (Reading), Good (Writing, Speaking)

Certifications

- February 2023 – BLS/D/PBLS Training, accredited by Lazio Region (INFAP)
- January 2020 – BLS/D/PBLS Training, Lazio Region (Squicciarini Rescue)

Driving License: Category B